

## Staff Isolation and Quarantine Requirements -Updated April 19, 2023

**Table 1: Exclusion Requirements for Employees Who Test Positive for COVID-19**

<p>Requirements apply to <b>all</b> employees, regardless of vaccination status, previous infection, or lack of symptoms.</p>	<ul style="list-style-type: none"><li>• Employees who test positive for COVID-19 must be excluded from the workplace for at least 5 days after start of symptoms or after date of first positive test if no symptoms.</li><li>• Isolation can end and employees may return to the workplace after day 5 if symptoms are not present or are mild and resolving; AND the employee is fever-free for 24 hours without the use of a fever-reducing medication.</li><li>• If an employee has a fever, isolation must continue and the employee may not return to work until 24 hours after the fever resolves.</li><li>• If an employee's symptoms other than fever are not improving, they may not return to work until their symptoms are resolving or until after day 10.</li><li>• Employees <b>must</b> wear face coverings around others for a total of 10 days. Please refer to the section in this FAQ on <a href="#">face coverings</a> for additional face covering requirements.</li></ul>
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**Table 2: CDPH Guidance for Close Contacts**

<p>Asymptomatic Persons Who are Exposed to Someone with COVID-19 (No Quarantine)</p>	<ul style="list-style-type: none"><li>• Test within 3–5 days after last exposure.</li><li>• Close contacts <b>must</b> wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk for severe COVID-19 disease.</li><li>• Strongly encouraged to get vaccinated or boosted.</li><li>• If symptoms develop, test, and stay home, AND</li><li>• If test result is positive, follow isolation recommendations above (Table 1).</li></ul>
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