



MENTAL HEALTH TOOLS

EVERY PARENT NEEDS TO KEEP KIDS HAPPY, HEALTHY & SUCCESSFUL

Keynote | Jeremy Bates, Tru Hope Summit
www.truhopesummit.com

Informational Breakout Sessions

- Anxiety
- Depression
- Sense of Belonging
- Suicide Prevention
- Grief

Free Tickets / Free Dinner (CHILDCARE AVAILABLE)
www.notmykid.life

WEDNESDAY
April 26
2023

Food and Networking – 5:30pm
Program Begins – 6pm

SBC Sierra Bible Church
Sonora 15171 Tuolumne Road, Sonora CA



frontporch



SONORA AREA FOUNDATION
For good. For ever.