

Blue Zones Project, Tuolumne County presents:



Jimtown *Walkabout* **AND WELLNESS FAIR**

Walk the course with friends & neighbors.

Meet the walking goal you set!

Free Pedometers while supplies last. Count your steps and win prizes!

Saturday, November 19

9:00am to noon

Jamestown Elementary School

FAMILY FUN ACTIVITIES • GIVEAWAYS

RAFFLE PRIZES like gift cards for gas and meals

HEALTH & WELLNESS BOOTHS • DJ MUSIC

Accepting food donations for Mother Lode Food Project
of holiday-themed non-perishable food (earns a raffle ticket)

THANKS TO OUR COMMUNITY PARTNERS

Jamestown Family Resource Center

& Tuolumne County Public Health Department

SPONSORED BY:



BLUE ZONES PROJECT

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