

CLOSE CONTACT QUARANTINE FLOW CHART FOR INDOOR CLASSROOM SETTINGS

2021-2022 COVID-19 PUBLIC HEALTH GUIDANCE FOR K-12 SCHOOLS IN CALIFORNIA

! IMPORTANT: All close contact information (including masking information) should be sent to public health in SPOT or email. Quarantine instructions will be provided by public health during contact tracing.

IS THE CLOSE CONTACT* A STUDENT OR EMPLOYEE?

STUDENT

IS THE STUDENT SYMPTOMATIC?

YES

Exclude from school and get tested for COVID-19.

NO

IS THE STUDENT VACCINATED?

YES

May continue in school. Continue to mask and monitor for symptoms.

NO

WERE THE CASE AND CLOSE CONTACT BOTH MASKED INDOORS?

YES

Modified Quarantine

May continue in school if:

- Remain asymptomatic,
- Continue to mask,
- 2x weekly testing***; and
- Continue to quarantine for all extracurricular activities

(if symptoms develop, exclude from school and test for COVID-19).

NO

Quarantine

Exclude from school for 10-day quarantine from date of last contact with case.

OR

Quarantine can end after Day 7, if test (administered on or after day 5) is negative.**

COVID TEST RESULT**

POSITIVE

Isolation
Exclude from school. Isolate for 10 days from symptom onset (and 24 hours without fever and improved symptoms).

NEGATIVE

IS THE STUDENT VACCINATED?

YES

Return to school after 24 hours without fever and improved symptoms.

NO



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EMPLOYEE

IS THE EMPLOYEE SYMPTOMATIC?

YES

Exclude from worksite and get tested for COVID-19**.

RETURN TO WORK CRITERIA

Return to worksite after 24 hours without fever and improved symptoms **AND** at least 10 days have passed since COVID-19 symptoms first appeared.

NO****

IS THE EMPLOYEE VACCINATED?

YES

May continue at worksite. Continue to mask and monitor for symptoms.

NO

Quarantine Exclude from worksite for 10-day quarantine without testing

OR

Quarantine can end after Day 7 if test (administered on or after Day 5) is negative. ****

*Close contact is defined as within 6 feet for more than 15 minutes over a 24-hour period.

**Recommend PCR, antigen testing if PCR is not accessible.

*** 2x weekly testing can be antigen test. Tests should be administered at least 3 days apart. Recommended to test on Day 4 and Day 7. If a PCR test is taken on Day 5 and is negative & remains asymptomatic, the student can be released from quarantine (and return to extracurricular activities) on Day 8.

****CalOSHA guidelines apply for school staff and does not currently allow for modified quarantine. View more information at: <https://www.dir.ca.gov/dosh/coronavirus/ETS.html>. If symptoms develop, exclude from worksite, and get tested. If staff person remains asymptomatic, recommended testing on or after Day 5 post exposure . If test is positive, exclude from worksite and isolate per public health guidance. If negative, return to worksite after Day 7. If not testing and in a 10 day quarantine, staff can return to worksite after 24 hours without fever and improved symptoms. Continue daily self-monitoring through Day 14 and follow all non-pharmaceutical interventions (masking, handwashing, etc).

TERMS:

- **SYMPTOMS: High Risk** (need 1): fever/chills (100.4°F), difficulty breathing, loss of taste or smell, new or worsening cough. **Lower Risk** (need 2): sore throat, congestion/runny nose, headache, body aches, nausea/vomiting/diarrhea. If only one low risk symptom, follow school illness policy.
- **DATE OF LAST EXPOSURE:** Date that the close contact was last in contact with the case.
- **EPISODE DATE or DAY 0:** Date of symptom onset. If asymptomatic, date test was taken.
- **INFECTIOUS WINDOW START DATE:** 2 days before Episode Date. Infectious window start date to the date the case was last on campus/worksite is the timeframe to identify close contacts.
- **QUARANTINE:** Applies to close contacts and begins the day of last exposure to a case.
- **ISOLATION:** Applies to positive COVID-19 cases and begins on symptom onset date or date of test if asymptomatic

LINKS:

- CDPH Schools Hub: <https://schools.covid19.ca.gov/>
- School Guidance FAQ: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Schools-FAQ.aspx>
- CDPH Face Covering FAQ: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Face-Coverings-QA.aspx>

TESTING RESOURCES

- It is recommended to test at least 5 days after last exposure from a positive COVID-19 case.
- Free State COVID-19 Testing Site at the Mother Lode Fairgrounds: <https://lhi.care/covidtesting>
- County Office of Education testing support contact: asmith@tcsos.us
- Collection of test specimens may occur in schools, healthcare settings, or other locations supervised by school or healthcare personnel. Specimens may be processed at point-of-care or in a laboratory. At-home testing kits not recommended but if used, confirmatory PCR test will be needed.