

NOVEMBER 2019

JAMESTOWN SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

DID YOU KNOW?

Throughout history, November was associated in large parts of the world with the beginning of winter and people would spend the month storing food and preparing their homes to survive the cold season.

CORN DOGS
OVEN FRIES
CARROTS
FRUIT

4

BEEF STEW
ROLL
APPLE PIE

5

CHICKEN STRIPS
RICE
MIXED VEGGIES
FRUIT

6

TAMALE PIE
CORN
SALAD
FRUIT

7

CHICKEN SANDWICH
OVEN FRIES
LETTUCE/TOMATOES
FRESH FRUIT

8

NO SCHOOL

1

NO SCHOOL
VETERAN'S DAY

11

HAM AND CHEESE
SANDWICH
LETTUCE/TOMATOES
MULTI-GRAIN CHIPS
FRUIT

12

TURKEY GRAVY
MASHED POTATOES
GREEN BEANS
ROLL
PIE

13

HOT DOGS
CHIPS
CARROTS
FRUIT

14

HAMBURGERS
WITH FIXINGS
OVEN FRIES
FRUIT

15

TOASTED CHEESE
SANDWICH
YOGURT
SALAD
FRUIT

18

PIZZA
SALAD
JELLO/FRUIT

19

CHICKEN NOODLES
SALAD
FRUIT

20

BAKED BEANS
BREAD
SALAD
FRUIT

21

CORN DOGS
OVEN FRIES
FRUIT
CARROTS
COOKIE

22

NO SCHOOL

25

26

27

HAPPY
THANKSGIVING

28

29

BREAKFAST

MONDAY CEREAL OR HOT OAT MEAL
TUESDAY MUFFINS
WEDNESDAY PANCAKES
THURSDAY CEREAL OR HOT OAT MEAL
FRIDAY COOKS CHOICE

MILK, YOGURT, FRESH FRUIT AND VEGGIES OFFERED DAILY WITH BREAKFAST.

1% WHITE, NONFAT AND FAT FREE CHOCOLATE MILK.

SALAD BAR: FRESH FRUIT AND VEGGIES AND SALAD OFFERED EVERY DAY.

PRICES: LUNCH \$2.75
REDUCED .40
BREAKFAST \$2.00
REDUCED .30
MILK .30

MENU SUBJECT TO CHANGE WITHOUT NOTICE!

THIS IS AN EQUAL OPPORTUNITY PROVIDER.