

September 2019

JAMESTOWN SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL LABOR DAY 2	TOASTED CHEESE GO YOGURT CARROTS APPLES 3	CHICKEN STRI FRI RICE FRUIT 4	SPAGHETTI GREEN BEANS ROLL APPLE CRISP 5	HAMBURGERS WITH FIXINGS OVEN FRIES FRUIT 6
HAM AND CHEESE SANDWICH LETTUCE TOMATOES CHIPS FRUIT 9	PIZZA SALAD FRUIT 10	CHICKEN POT PIE SALAD FRUIT 11	TACO SALAD LETTUCE/TOMATOES CORN STRAWBERRIES 12	HOT DOGS OVEN FRIES SALAD CAKE FRUIT 13
SLOPPY JOES OVEN FRIES SALAD FRUIT 16	CORN DOGS OVEN FRIES CARROTS FRESH FRUIT 17	SHEPHERD PIE WITH TATER TOTS ROLL FRUIT 18	TACOS LETTUCE/TOMATOES CORN PEACH CRISP 19	HAMBURGERS WITH FIXINGS OVEN FRIES FRESH FRUIT 20
TOASTED CHEESE GO YOGURT CARROTS FRUIT 23	PIZZA SALD JELLO/FRUIT 24	CHICKEN NOODLES SALAD FRUIT 25	TACO SALAD LETTUCE/TOMATOES CORN FRUIT 26	HOT DOGS OVEN FRIES SALAD CAKE FRUIT 27
HAM AND CHEESE SADWICH LETTUCE/TOMATOES CHIPS FRUIT 30	<h3>Did You Know?</h3> <p>September was the seventh month of the original Roman calendar. This is where it got its name which means seventh. Later, when January and February were added to the calendar it became the ninth month.</p>			

BREAKFAST

MONDAY CEREAL
TUESDAY MUFFINS
WEDNESDAY
PANCAKES
THURSDAY CEREAL
FRIDAY COOKS
CHOICE

MILK, YOGURT,
FRESH FRUIT AND
VEGGIES OFFERED
DAILY WITH
BREAKFAST.

1% WHITE AND FAT
FREE CHOCOLATE
MILK OFFERED
EVERYDAY WITH
BREAKFAST AND
LUNCH.
SALAD BAR: FRESH
FRUIT AND VEGGIES
OFFERED EVERYDAY!

MENU SUBJECT TO
CHANGE WITHOUT
NOTICE!

PRICES LUNCH \$2.75
REDUCE .40
BREAKFAST \$2.00
REDUCE .30
MILK .30

THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
PROVIDER.