

# JANUARY 2019

## JAMESTOWN SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NEW YEARS  
NO SCHOOL

TOASTED CHEESE  
YOGURT  
CARROTS  
FRESH FRUIT

HAM AND CHEESE  
SANDWICH  
MULTI-GRAIN CHIPS  
LETTUCE/TOMATOES  
FRUIT

NO SCHOOL  
MARTIN LUTHER KING  
DAY

HAM AND CHEESE  
SANDWICH  
MULTI-GRAIN CHIPS  
LETTUCE/TOMATOES  
FRESH FRUIT

PIZZA  
SALAD  
FRUIT

TACO SALAD  
CORN  
LETTUCE//TOMATOES  
FRUIT

TOASTED CHEESE  
YOGURT  
SALAD  
FRESH FRUIT

PIZZA  
SALAD  
JELLO/FRUIT

CHICKEN STRI FRY  
RICE  
FRUIT

CHICKEN POT PIE  
SALAD  
FRUIT

CHICKEN STRIPS  
MIXED VEGGIES  
ROLL  
FRUIT

TACOS  
CORN  
SALAD  
FRUIT

BEEF STEW  
ROLL  
APPLE CRISP

SPAGHETTI  
GREEN BEANS  
ROLL  
APPLE CRISP

CHILI  
BREAD  
SALAD  
FRUIT

SCALLOPED POTATOES  
WITH HAM  
MIXED VEGGIES  
CAKE  
FRUIT

HAMBURGERS  
WITH FIXINGS  
OVEN FRIES  
FRUIT

HOT DOGS  
CHIPS  
CARROTS  
APPLES

SLOPPY JOES  
OVEN FRIES  
SALAD  
PEACH PIE

DID YOU KNOW...  
January's gem is  
garnet which  
represents  
constancy.

**BREAKFAST**  
MONDAY CEREAL  
OR HOT OAT MEAL  
TUESDAY MUFFIN  
WEDNESDAY  
PANCAKES  
THURSDAY CEREAL  
OR HOT OAT MEAL  
FRIDAY COOKS  
CHOICE

MILK, YOGURT,  
FRESH FRUIT  
OFFERED DAILY  
WITH BREAKFAST.

1% WHITE, FAT  
FREE  
CHOCOLATE  
MILK.

SALAD BAR  
OFFERED DAILY.

PRICES  
LUNCH \$2.75  
REDUCED .40  
BREAKFAST  
\$2.00  
REDUCED .30

THIS  
INSTITUTION IS  
AN EQUAL  
OPPORTUNITY  
PROVIDER.