

September 2017

JAMESTOWN SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know...

The name September comes from the Latin septem for seven, since this was the seventh month of the Roman calendar.

1
BBQ CHICKEN
SANDWICH
OVEN FRIES
SALAD
FRESH FRUIT

BREAKFAST

MONDAY Pancakes
sausage on stck or
pancakes
TUESDAY Cereal

WEDNESDAY muffin
THURSDAY Cereal
Hot oatmeal
FRIDAY COOKS
CHOICE

Milk, yogurt, fresh fruit and
veggies offered daily with
breakfast (juice twice a
week)

1% and non-fat white and
fat free chocolate milk
offered with every lunch
and breakfast.

Salad bar fresh fruit and
veggies everyday.

**Menu subject yo change
without notice!**

**Lunch Prices \$2.75
Reduced .40**

**Breakfast Prices \$2.00
Reduced .30
Milk .30**

**THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
PROVIDER.**

4
NO SCHOOL
LABOR DAY

5
HAM AND CHEESE
SANDWICH
MULTI GRAIN CHIPS
LETTUCE/TOMATOES
FRESH FRUIT

6
CHICKEN POT PIE
SALAD
FRUIT

7
SPAGHETTI
GREEN BEANS
ROLL
APPLE CRISP

8
HAMBURGERS
LETTUCE/TOMATOES
OVEN FRIES
FRESH FRUIT

11
TOASTED CHEESE
SANDWICH
YOGURT
CARROTS
FRUIT

12
PIZZA
SALAD
FRUIT

13
CHICKEN STRI FRY
RICE
FRUIT

14
TACO SALAD
LETTUCE/TOMATOES
CORN
FRUIT

15
HOT DOGS
CHIPS
FRUIT
SALAD
CAKE

18
TURKEY WRAPS
CARROTS
MULTI GRAIN CHIPS
FRESH FRUIT

19
BEEF TACO PIE
CORN
SALAD
FRUIT

20
CHICKEN STRIPS
CORN
MASHED POTATOES
ROLL
FRUIT

21
SPANISH RICE
SALAD
FRUIT

22
HAMBURGERS
LETTUCE/TOMATOES
OVEN FRIES
FRUIT
BROWNIES

25
HAM AND CHEESE
SANDWICH
LETTUCE/TOMATOES
FRESH FRUIT
MULTI GRAIN CHIPS

26
PIZZA
SALAD
FRUIT

27
CHICKEN NOODLES
SALAD
FRUIT

28
BEEF STEW
ROLL
APPLE CRISP

29
FISH
RICE
COLE SLAW
FRUIT