

OCTOBER 2017

Enter School Name Here

MONDAY

2

HOT DOGS
MULTI GRAIN CHIPS
CARROTS
FRUIT

TUESDAY

3

PIZZA
SALAD
JELLO/FRUIT

WEDNESDAY

4

CHICKEN POT PIE
SALAD
APPLE CRISP

THURSDAY

5

SPAGHETTI
GREEN BEANS
ROLL
FRUIT

FRIDAY

6

TURKEY AND CHEESE
SANDWICH
MULTI GRAIN CHIPS
LETTUCE/TOMATOES
FRESH FRUIT

9

TOASTED CHEESE
SANDWICH
GO YOGURT
CARROTS
FRUIT

10

TACO SALAD
LETTUCE/CHEESE
CORN
FRUIT

11

CHICKEN STRI-FRY
RICE
SALAD
FRUIT

12

BEEF STEW
ROLL
PEACH CRISP

13

HAMBURGERS
LETTUCE/TOMATOES
OVEN FRIES
FRUIT

16

TURKEY AND CHEESE
SANDWICH
LETTUCE, TOMATOES
MULTI GRAIN CHIPS
FRESH FRUIT

17

PIZZA
SALAD
FRUIT

18

SPAGHETTI
GREEN BEANS
ROLL
FRUIT

19

BEANS AND HOT DOGS
SALAD
FRUIT
SPICE CAKE

20

FISH
COLE SLAW
RICE
FRUIT

23

HOT DOG ROLL UP
OVEN FRIES
SALAD
FRESH FRUIT

24

TACOS
LETTUCE/TOMATOES
CORN
FRUIT

25

CHICKEN STR-FRY
RICE
SALAD
FRUIT

26

CHILI
BREAD
SALAD
APPLE CRISP

27

BBQ CHICKEN
SANDWICH
OVEN FRIES
SALAD
FRUIT

30

HAM AND CHEESE
SANDWICH
MULTI GRAIN CHIPS
LETTUCE/TOMATOES
FRESH FRUIT

31

HOT DOGS
OVEN FRIES
SALAD
FRESH FRUIT
COOKIE

DID YOU KNOW?

More US presidents have been born in October than in any other month.

BREAKFAST

Monday Cereal
Hot Oatmeal
Tuesday Muffin
Wednesday
Pancakes
Thursday Cereal
Hot Oatmeal
Friday Cooks
Choice

Milk, yogurt, fresh
fruit offered daily
with breakfast.

1% white, non fat
white and fat free
chocolate milk
offered with every
lunch and breakfast

Salad bar: fresh fruit
and veggies and
salad every day.

menu subject to change
without notice!

Prices Lunch \$2.75
Reduced .40
Breakfast \$2.00
Reduced .30
Milk .30

This institution is an equal
opportunity provider.